



# **Workplace Lens**

for Jane Sample August 7, 2018

**Sample Company Name** Sample Consulatnt Name

# **Participant Summary**

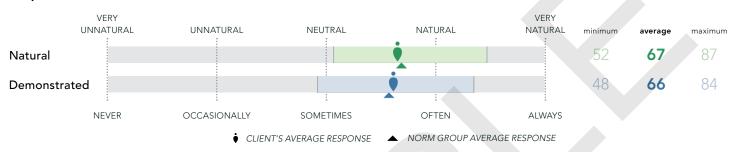
Age: 28

Completion Time: 21 mins. Norm Region: U.S./Canada Gender: Female

Date of Completion: August 2, 2018 Norm Type: Professional - Overall

#### PEARMAN PERSONALITY

## **Response Distribution**

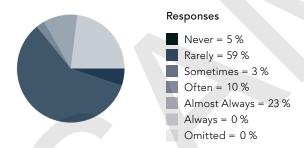


#### **Omitted Items**

No omitted items in Pearman Personality section.

#### PEARMAN FLEXINDEX

#### **Response Distribution**



#### **Omitted Items**

No omitted items in Pearman FlexIndex section.

# **Positive Impression**

The Positive Impression scale score is lower than 3, indicating that responses were not likely the result of an overly positive response style. You may want to ask: "Tell me about your process for responding to the items." "What did you think of the items? Were any particularly difficult to respond to?"

#### **Inconsistency Index**

The Inconsistency Index is lower than 8, indicating consistency in responses across pairs of items measuring similar content. However, if the score is greater than zero, you may want to evaluate each individual item pair for inconsistent responses (see the Pearman FlexIndex Item Responses page for more details).

# How to Use This Report

### SAMPLE PEARMAN PERSONALITY GRAPHS

#### Sample Circle Score

The circle score represents the level of comfort/ use of one type over another.

- Each circle score ranges from 50–99.
- A score of 50 represents an equal amount of comfort or use of one function when compared to its opposite.
- A score between 51-59 represents a slight degree of comfort with or use of one function when compared to its opposite.
- A score between 60–84 represents a moderate degree of comfort with or use of one function when compared to its opposite.
- A score between 85–99 represents a strong degree of comfort with or use of one function when compared to its opposite.
- In this example, a score of 75 reflects moderate preference for Extraversion over Introversion.

# FvsI

#### Sample Letter

- The **letter** represents the personality type that your client is more comfortable with or uses more frequently compared to its opposite (e.g., E vs. I).
- In this example, the letter "E" represents that Extraversion is preferred over Introversion.

#### SAMPLE

#### Sample Average

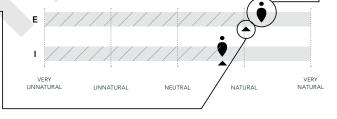
The marker shows your client's average score they got after responding to questions about attitude (Extraversion and Introversion), and mental functions

In this example, you can see the average score for both Extraversion (E) and Introversion (I).

#### Norm Group Average Response

Your client's average scores are compared to those of other individuals with the same letter.

- If your client's letter is "E," their average scores for E and I will be compared to those of other Extraverts in the Pearman normative sample (the \_ marker represents the midpoint of the average range for the particular normative group).
- In this example, the individual is more comfortable with Extraverted behaviors and equally comfortable with Introverted behaviors compared to other Extraverts.

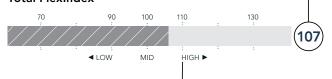


## SAMPLE PEARMAN FLEXINDEX GRAPHS

#### Sample Score

The average score for all FlexIndex scales is 100.

#### **Total FlexIndex**



#### **Score Labels**

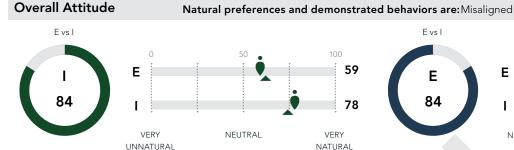
Score labels provide a visual guide, indicating if a score falls into the:

- Low range (lower than 90), meaning infrequent engagement with the flexible behavior—this area is in need of development.
- Mid-range (90–109), meaning average engagement with the flexible behavior—to achieve full engagement, engage with this behavior more frequently.
- High range (110 or higher), meaning full engagement with the flexible behavior—leverage your strength.

# Overview of Your Client's Overall Function Scores

# YOUR CLIENT NATURALLY PREFERS $I \cdot N \cdot F$

# YOUR CLIENT DEMONSTRATES $E \cdot N \cdot T$



#### Circle score interpretation:

Moderate preference for introverted behaviors over extraverted behaviors.

### Response bar interpretation:

Extraversion (E): Within Average Introversion (I): Within Average

# E vs I

Ε NEVER



#### Circle score interpretation:

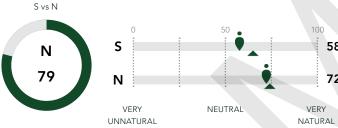
Displays moderately more extraverted behaviors than introverted behaviors.

#### Response bar interpretation:

Extraversion (E): Within Average Introversion (I): Within Average

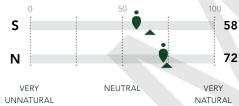
# Overall Perceiving

#### Natural preferences and demonstrated behaviors are: Aligned



#### Circle score interpretation:

Moderate preference for intuiting behaviors over sensing behaviors.



#### Response bar interpretation:

Sensing (S): Within Average Intuiting (N): Within Average



S 58 N 72 NEVER SOMETIMES AI WAYS

#### Circle score interpretation:

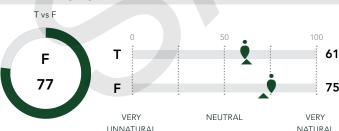
Displays moderately more intuiting behaviors than sensing behaviors.

#### Response bar interpretation:

Sensing (S): Within Average Intuiting (N): Within Average

# **Overall Judging**

#### Natural preferences and demonstrated behaviors are: Misaligned



#### Circle score interpretation:

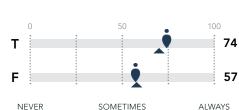
Moderate preference for feeling behaviors over thinking behaviors.



# Response bar interpretation:

Thinking (T): Within Average Feeling (F): Within Average





#### Circle score interpretation:

Displays moderately more thinking behaviors than feeling behaviors.

#### Response bar interpretation:

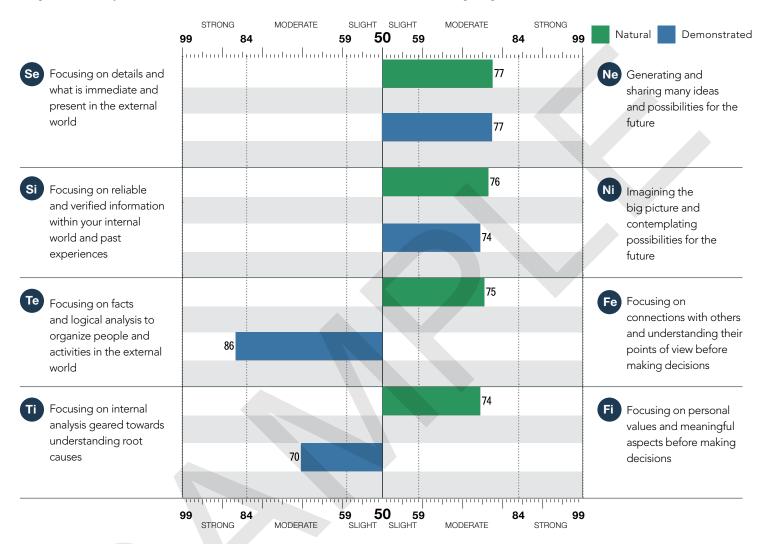
Thinking (T): Within Average Feeling (F): Within Average

♦ YOUR CLIENT'S AVERAGE RESPONSE

▲ AVERAGE RESPONSE FOR THOSE OF YOUR CLIENT'S TYPE

# Overview of Your Client's Mental Function Scores

The following table is a summary of your client's results on the eight mental functions. From the bar graphs, you will learn about the function your client is more comfortable with or uses more frequently compared to its opposite function (e.g., Se vs. Ne), and the degree to which your client feels comfortable with or demonstrates a behavior (e.g., slight, moderate).



## UNDERSTANDING YOUR CLIENT'S ALIGNMENT

Based on Natural and Demonstrated circle scores, your client demonstrates Extraverted Thinking behaviors (e.g., analyzing and critiquing situations), but their scores show that they have a preference for Extraverted Feeling behaviors (e.g., creating personal connections and maintaining team harmony).

Based on Natural and Demonstrated circle scores, your client demonstrates Introverted Thinking behaviors (e.g., investigating underlying reasons behind a problem), but their scores show that they have a preference for Introverted Feeling behaviors (e.g., focusing on aligning actions with personal values).



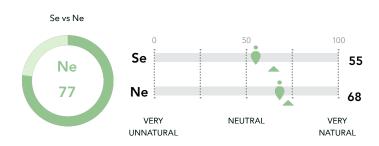
Misalignments between your client's natural preferences and demonstrated behaviors

Assist your client to minimize their stress by leveraging and/or developing their FlexIndex skills.

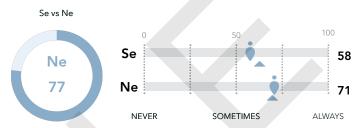
# **Perceiving Functions**

Extraverted Sensing (Se): Focusing on details, discussing what to do now Extraverted Intuiting (Ne): Discussing future possibilities, sharing big picture ideas





### DEMONSTRATED



## **Extraverted Perceiving**

#### Circle score interpretation:

Moderate preference for extraverted intuiting over extraverted sensing behaviors.

# Natural preferences and demonstrated behaviors are: Aligned

#### Response bar interpretation:

Extraverted Sensing (Se): Below Average Extraverted Intuiting (Ne): Within Average

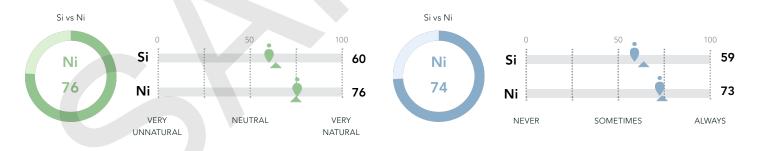
## Circle score interpretation:

Displays moderately more extraverted intuiting behaviors than extraverted sensing behaviors.

#### Response bar interpretation:

Extraverted Sensing (Se): Within Average Extraverted Intuiting (Ne): Within Average

Introverted Sensing (Si): Verifying reliable detailed information internally, cataloging information for later recall and use Introverted Intuiting (Ni): Envisioning future outcomes, anticipating next steps



## **Introverted Perceiving**

#### Natural preferences and demonstrated behaviors are: Aligned

#### Circle score interpretation:

Moderate preference for introverted intuiting behaviors over introverted sensing behaviors.

# Response bar interpretation:

Introverted Sensing (Si): Within Introverted Intuiting (Ni): Within Average

# Circle score interpretation:

Displays moderately more introverted intuiting behaviors than introverted sensing behaviors.

#### Response bar interpretation:

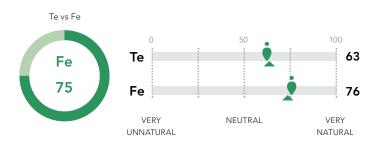
Introverted Sensing (Si): Within Average Introverted Intuiting (Ni): Within Average



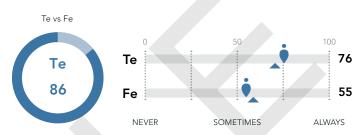
# **Judging Functions**

Extraverted Thinking (Te): Managing people and activities, organizing tasks Extraverted Feeling (Fe): Connecting with others, listening actively

#### NATURAL



#### DEMONSTRATED



## **Extraverted Judging**

#### Circle score interpretation:

Moderate preference for extraverted feeling behaviors over extraverted thinking behaviors.

Natural preferences and demonstrated behaviors are: Misaligned

Extraverted Thinking (Te): Within Average Extraverted Feeling (Fe): Within Average

Response bar interpretation:

#### Circle score interpretation:

Displays many more extraverted thinking behaviors than extraverted feeling behaviors.

#### Response bar interpretation:

Extraverted Thinking (Te): Within Average Extraverted Feeling (Fe): Within Average

Introverted Thinking (Ti): Analyzing through internal reflection, finding the why in a situation Introverted Feeling (Fi): Aligning actions with personal ideals, what is meaningful



Natural preferences and demonstrated behaviors are: Misaligned

#### Introverted Judging

#### Circle score interpretation:

Moderate preference for introverted feeling behaviors over introverted thinking behaviors.

# Response bar interpretation:

Introverted Thinking (Ti): Within Average Introverted Feeling (Fi): Within Average

#### Circle score interpretation:

Displays moderately more introverted thinking behaviors than introverted feeling behaviors.

#### Response bar interpretation:

Introverted Thinking (Ti): Within Average Introverted Feeling (Fi): Within Average

♦ YOUR CLIENT'S AVERAGE RESPONSE ▲ AVERAGE RESPONSE FOR THOSE OF YOUR CLIENT'S TYPE

# Overview of FlexIndex



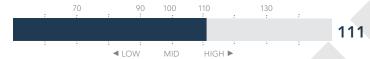
#### Your Total FlexIndex



The Pearman FlexIndex encompasses the skills, abilities, and preferences that provide the agility and resilience needed to solve problems, remain composed, connect with others, seek beneficial experiences, and cope with and recover from strain. Your client's Total FlexIndex score indicates that they may have trouble with some of these areas. Be sure to examine the FlexIndex section in your client's report to identify areas in which your client can focus their development efforts.

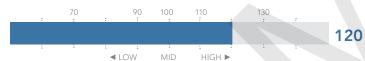
#### SUBSCALE DESCRIPTIONS

#### **Proactivity**



Proactivity refers to the skills necessary for active problem-solving and taking decisive action when faced with a challenge. Your client's score indicates that they are highly proactive. Keep this strength in mind as your client moves through different sections of their report.

#### Composure



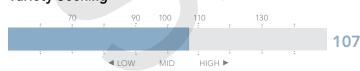
Composure involves being able to remain calm and controlled under times of stress or criticism. Your client's score shows that they are able to remain level-headed during high-pressure situations. Think about how different situations test your client's ability to keep their cool.

#### Connectivity



Connectivity involves being connected with others, forming beneficial relationships, and seeking and reciprocating social support. Your client's score indicates a need for more interconnectedness with others, which may influence your client's ability to be effective in the way they expresses themselves.

#### Variety-Seeking



Variety-Seeking refers to the preference for novel experiences, variety over routine, and openness to new opportunities. Your client's score suggests that they are sometimes open to new experiences. Your client's report provides a number of strategies for improving their ability to manage new events.

#### Rejuvenation



Rejuvenation involves positive coping strategies used to maintain health and minimize stress. Your client may not be doing enough to recover from the taxing events of their day-to-day life. This skill can be especially important to develop if your client finds themselves in situations that are not immediately comfortable.

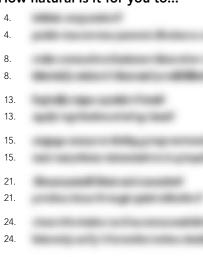
# Pearman Personality Item Responses

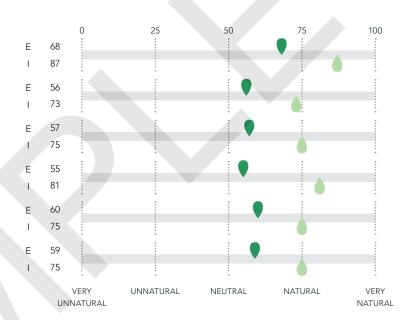
#### ATTITUDE

Responses to Extraverted (E) and Introverted (I) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the assessment. If any single

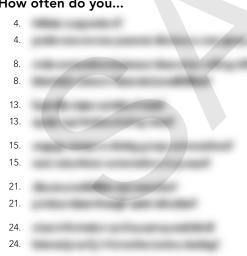
item of a pair (i.e., E or I) is omitted, the entire pair is not included for scoring. However, responses from non-omitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

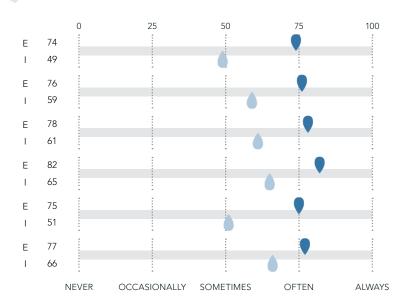






# How often do you...



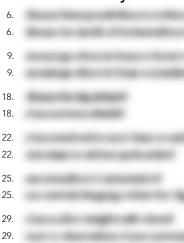


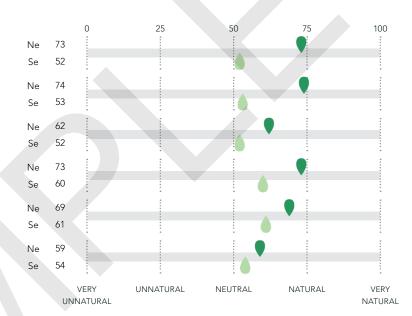
# Pearman Personality Item Responses

#### EXTRAVERTED PERCEIVING

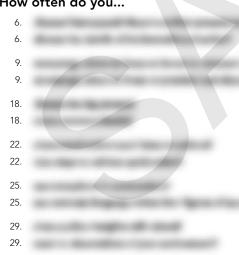
Responses to Extraverted Intuiting (Ne) and Extraverted Sensing (Se) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the assessment. If any single item of a pair (i.e., Ne or Se) is omitted, the entire pair cannot be scored. However, responses from nonomitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

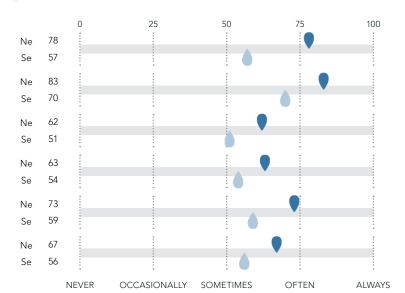
# How natural is it for you to...





# How often do you...



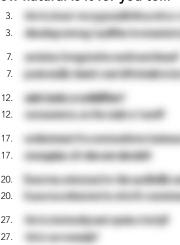


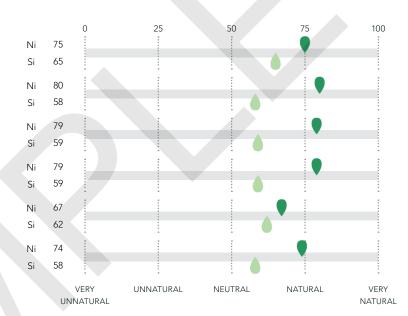
# Pearman Personality Item Responses

#### INTROVERTED PERCEIVING

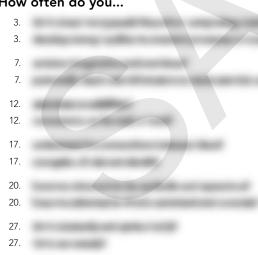
Responses to Introverted Intuiting (Ni) and Introverted Sensing (Si) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the assessment. If any single item of a pair (i.e., Ni or Si) is omitted, the entire pair cannot be scored. However, responses from nonomitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

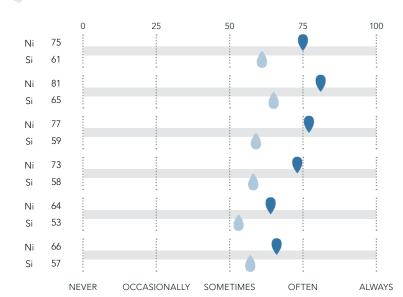
# How natural is it for you to...





# How often do you...





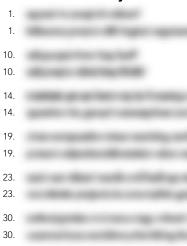
# Pearman Personality Item Responses

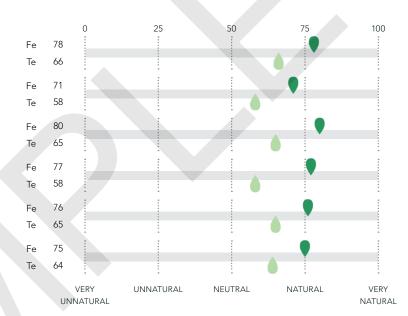
#### EXTRAVERTED JUDGING

Responses to Extraverted Feeling (Fe) and Extraverted Thinking (Te) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the

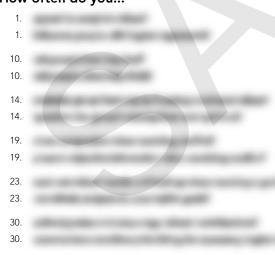
assessment. If any single item of a pair (i.e., Fe or Te) is omitted, the entire pair is not included for scoring. However, responses from non-omitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

### How natural is it for you to...





# How often do you...



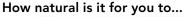


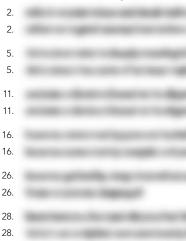
# Pearman Personality Item Responses

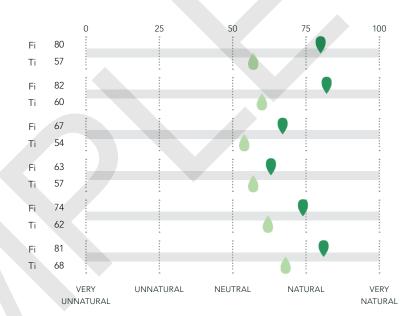
#### INTROVERTED JUDGING

Responses to Introverted Feeling (Fi) and Introverted Thinking (Ti) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the

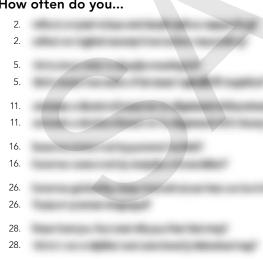
assessment. If any single item of a pair (i.e., Fi or Ti) is omitted, the entire pair is not included for scoring. However, responses from non-omitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.







# How often do you...





# Pearman FlexIndex Item Responses



Responses are shown by item on the following two pages. Items are shown by subscale and are exactly as they appear on the assessment. The higher the response indicated, the more frequent the behavior.

0 = Never 3 = Often ? = Omitted 4 = Almost Always 1 = Rarely

5 = Always 2 = Sometimes

## **Proactivity**



Connectivity Composure

3.	1	7.	1
10.	1	11.	1
17.	1	14.	1
19.	1	18.	1
22.	1	24.	1
30.	1	28.	1
32.	1	34.	0
37.	1	38.	0

Variety-Seeking Rejuvenation

2.	4	1.	
6.	3	5.	
13.	3	15.	
16.	3	23.	
21.	4	25.	
33.	1	29.	
		35.	

This section of the report contains copyrighted items and information that are not intended for public disclosure. If it is necessary to provide a copy of the report to anyone other than the assessor, this section must be removed.

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1 1

# Pearman FlexIndex Item Responses



0 = Never 3 = Often ? = Omitted

4 = Almost Always 1 = Rarely

2 = Sometimes 5 = Always

	-		
OSITIVE IMPRESSION			
3.	1 26		
8.	<b>4</b> 28		
0.	1 37		
ICONSISTENCY INDEX			
4.	4	30.	
27.	4	39.	
	3	7.	
6.			
6. 16.	3	38.	
		38.	
		38. 18.	
16.	3		
<ul><li>16.</li><li>20.</li></ul>	3	18.	
<ul><li>16.</li><li>20.</li></ul>	3	18.	



#### **EXTRAVERTED ATTITUDE**

#### **EXTRAVERTED SENSING (Se)**

#### Se & PROACTIVITY

Describe the facts of a situation in detail

#### Se & COMPOSURE

Observe your emotions and reactions when you are agitated

#### Se & CONNECTIVITY

Pay attention to people's reactions and recognize body language and facial expressions

#### Se & VARIETY-SEEKING

Take bigger risks and observe the positive impact your decisions have in the present moment

#### Se & REJUVENATION

Take a few minutes to breathe in and out slowly when you are agitated or stressed out

#### **EXTRAVERTED INTUITING (Ne)**

#### Ne & PROACTIVITY

Come up with a new approach to an old problem

#### Ne & COMPOSURE

Brainstorm new ways of calming your mind when dealing with stressful situations

#### Ne & CONNECTIVITY

Generate ideas on how to make genuine connections with others

#### Ne & VARIETY-SEEKING

Try to be more creative with your ideas and try alternative ways of doing daily tasks

#### Ne & REJUVENATION

Look for new and creative ideas on how to recover from stress

#### **EXTRAVERTED THINKING (Te)**

#### Te & PROACTIVITY

Plan out the logical outcomes of a situation

#### Te & COMPOSURE

Use your objectivity to remove your emotion from the situation and remain calm

#### Te & CONNECTIVITY

Analyze the benefits of forming positive connections with others

#### Te & VARIETY-SEEKING

Review your daily routine and think about what you can do differently

#### Te & REJUVENATION

Use a systematic approach for dealing with a taxing situation

#### **EXTRAVERTED FEELING (Fe)**

#### Fe & PROACTIVITY

Ask for others' perspectives and ideas when solving a problem

#### Fe & COMPOSURE

Observe others who stay calm under pressure to see what they do differently

#### Fe & CONNECTIVITY

Show appreciation for things people do in order to create a positive connection

#### Fe & VARIETY-SEEKING

Join new networking events that you haven't attended before

#### Fe & REJUVENATION

Talk about challenging situations with a person who can relate

#### INTROVERTED SENSING (Si)

#### Si & PROACTIVITY

**PERCEIVING** 

Reflect on past experiences and leverage tried-and-true methods to solve a problem

#### Si & COMPOSURE

During conflict, reflect on past similar experiences where you remained calm and had positive outcomes

# Si & CONNECTIVITY

Recall good memories with people to sustain a long lasting connection

#### Si & VARIETY-SEEKING

Review processes at work and try to improve them using your past experiences

# Si & REJUVENATION

Reflect on tried-and-true methods during stressful situations

#### **INTROVERTED INTUITING (Ni)**

#### Ni & PROACTIVITY

Keep track of novel ideas that occur to you, and refer to them when solving a problem

#### Ni & COMPOSURE

Generate alternative ways of calming your mind and body

#### Ni & CONNECTIVITY

Envision social settings and positive interactions that will allow you to create new relationships

## Ni & VARIETY-SEEKING

Keep track of ideas for trying new things

## Ni & REJUVENATION

Try visualizing positive scenarios to relieve your stress

# INTROVERTED THINKING (Ti)

Ti & PROACTIVITY Critically analyze the pros and cons of a situation and take action on the effective solution

#### Ti & COMPOSURE

Reflect on the factors that agitate you

#### Ti & CONNECTIVITY

Look for practical approaches to improve your work relationships

#### Ti & VARIETY-SEEKING

Create a list of new skills that could help you be more effective

#### Ti & REJUVENATION

Take a systematic approach to fit relaxation time into your daily schedule

# **INTROVERTED FEELING (Fi)**

#### Fi & PROACTIVITY

Think about your ideals and values and how these are linked to your choices when solving a problem

#### Fi & COMPOSURE

Reflect on and internalize the values and benefits of staying calm under pressure

# Fi & CONNECTIVITY

Examine how your current actions fit with the mission and values of the individuals involved

#### Fi & VARIETY-SEEKING

Create a list of new skills or experiences that can be used to benefit others

#### Fi & REJUVENATION

Read books and watch movies that resonate with your values

## **INTROVERTED ATTITUDE**

# Follow-Up Questions

## MENTAL FUNCTIONS

The following questions are suggestions to help you to probe further into your client's results. Questions are listed by mental function for Pearman Personality and by subscale for Pearman FlexIndex.

## **Extraverted Sensing (Se)**

# Extraverted Intuiting (Ne)

- 3.

# Extraverted Thinking (Te)

# **Extraverted Feeling (Fe)**

- 4.

# Introverted Sensing (Si)

- 3.

# Introverted Intuiting (Ni)

- 2.
- 3.
- 4.

# Introverted Thinking (Ti)

# Introverted Feeling (Fi)

- 2.

# Follow-Up Questions

FLEXINDEX

# **Proactivity**

# Variety-Seeking

# Composure

- 3.

- Rejuvenation

# Connectivity

- 3.

# **Action Plan**

The steps that your client takes towards achieving their goals will determine whether or not success is realized. Use this step-by-step activity plan to help guide your client closer to their goals.

Have your client write down up to five skills or behaviors to further develop in their own action plan. Then, transfer your client's goals into the action plan template below. The information provided throughout their report may be useful for determining individual actions that your client can either begin to do (START), do less of (STOP), or do more of (GROW).







## ACTION PLAN TEMPLATE

SMART GOAL	TIME FRAME	BENEFITS	MEASURE OF SUCCESS	SUPPORT AND RESOURCES NEEDED	POTENTIAL BARRIERS
		*			

I commit to this action plan		_
·	Your Client's Signature	



# **Development Commitment**

The Development Commitment is a tool to help hold your client accountable for accomplishing the goals outlined in the Action Plan. As we all know, our plans for personal growth and development often fall by the wayside when we get engrossed in all of our tasks and responsibilities. By outlining your client's objectives here and ensuring that your client does the same in their report, you help your client to be more accountable to reach their personal goals.

MY CLIENT'S DEVELOPMENT GOALS	
My client's action plan includes the following goals:	Due Date
1.	
2.	
3.	
4.	
Your Signature Your Client's Signature	e

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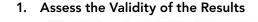
# Coach's Guide to a Pearman Feedback Session

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#### PREPARING THE DEBRIEF

After the report has been generated, the interpretation work begins. Both the Coach and Client Reports have been designed to intuitively follow the recommended interpretation sequence. The interpretive sequence provided here is a condensed version of that found in the Understanding the Results section of the Pearman User's Handbook available online.



2. Interpret Pearman Personality



3. In-depth Interpretation of Pearman Personality

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PREPARING THE DEBRIEF

**Interpret Pearman FlexIndex** 



5. Type and FlexIndex Integration



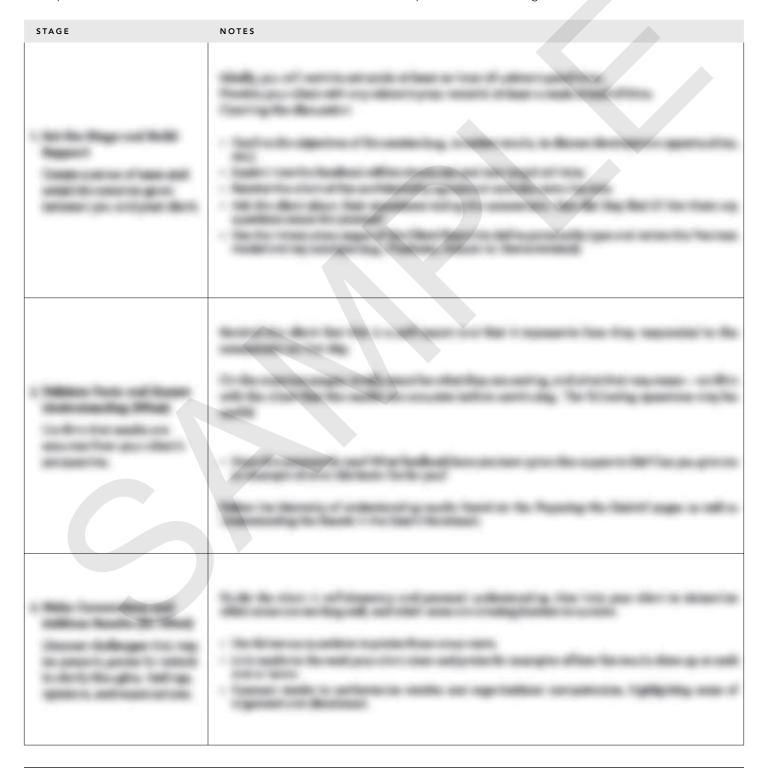
6. Additional Sources of Information



# Coach's Guide to a Pearman Feedback Session

#### CONDUCTING THE DEBRIEF

The steps laid out on this page and the next provide a guideline for conducting a debrief with your client. These stages of the debrief should be used as guidelines in conjunction with the information found in the User's Handbook and the Preparing the Debrief pages of this report. Other sources of information should be used to ensure best practices and ethical guidelines are followed.



# Coach's Guide to a Pearman Feedback Session

CONDUCTING THE DEBRIEF

