



# Leadership Lens

for David Sample August 7, 2018

### **Participant Summary**

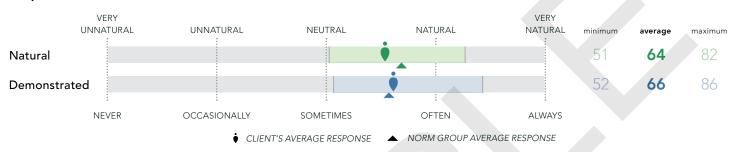
Age: 38

Completion Time: 10 mins. Norm Region: U.S./Canada Gender: Male

Date of Completion: August 3, 2018 Norm Type: Professional - Overall

#### PEARMAN PERSONALITY

#### **Response Distribution**

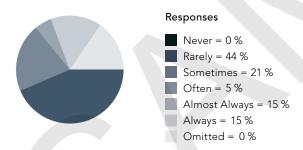


#### **Omitted Items**

No omitted items in Pearman Personality section.

#### PEARMAN FLEXINDEX

#### **Response Distribution**



#### **Omitted Items**

No omitted items in Pearman FlexIndex section.

#### **Positive Impression**

The Positive Impression scale score is lower than 3, indicating that responses were not likely the result of an overly positive response style. You may want to ask: "Tell me about your process for responding to the items." "What did you think of the items? Were any particularly difficult to respond to?"

#### **Inconsistency Index**

The Inconsistency Index is greater than or equal to 8, indicating a possible inconsistent response style. Results should be interpreted with caution as this person may have rushed the assessment, not taken the task seriously, or been highly swayed by wording subtleties within the item pairs. You may want to check the time to completion and delve into the response discrepancies with the respondent (see the Pearman FlexIndex Item Responses page).

### How to Use This Report

#### SAMPLE PEARMAN PERSONALITY GRAPHS

#### Sample Circle Score

The circle score represents the level of comfort/ use of one type over another.

- Each circle score ranges from 50–99.
- A score of 50 represents an equal amount of comfort or use of one function when compared to its opposite.
- A score between 51-59 represents a slight degree of comfort with or use of one function when compared to its opposite.
- A score between 60–84 represents a moderate degree of comfort with or use of one function when compared to its opposite.
- A score between 85–99 represents a strong degree of comfort with or use of one function when compared to its opposite.
- In this example, a score of 75 reflects moderate preference for Extraversion over Introversion.

# Sample Letter

- The **letter** represents the personality type that your client is more comfortable with or uses more frequently compared to its opposite (e.g., E vs. I).
- In this example, the letter "E" represents that Extraversion is preferred over Introversion.

#### SAMPLE

FvsI

Sample Average

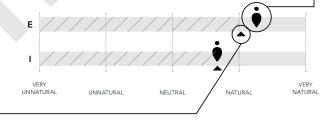
The marker shows your client's average score they got after responding to questions about Attitude (Extraversion and Introversion) and mental functions.

In this example, you can see the average score for both Extraversion (E) and Introversion (I).

#### Norm Group Average Response

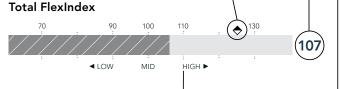
Your client's average scores are compared to those of other individuals with the same letter.

- If your client's letter is "E," their average scores for E and I will be compared to those of other Extraverts in the Pearman normative sample (the \_ marker represents the midpoint of the average range for the particular normative group).
- In this example, the individual is more comfortable with Extraverted behaviors and equally comfortable with Introverted behaviors compared to other Extraverts.



### SAMPLE PEARMAN FLEXINDEX GRAPHS

Leadership Marker The leadership marker 💠 indicates where top leaders score on each FlexIndex scale.



#### Sample Score

The average score for all FlexIndex scales is 100.

#### Score Labels

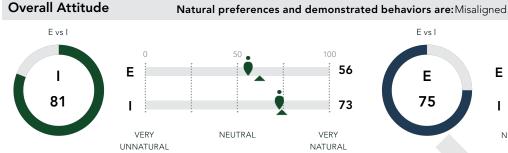
Score labels provide a visual guide, indicating if a score falls into the:

- Low range (lower than 90), meaning infrequent engagement with the flexible behavior—this area is in need of development.
- Mid-range (90–109), meaning average engagement with the flexible behavior—to achieve full engagement, engage with this behavior more frequently.
- High range (110 or higher), meaning full engagement with the flexible behavior—leverage your strength.

### Overview of Your Client's Overall Function Scores

### YOUR CLIENT NATURALLY PREFERS $I \cdot S \cdot F$

### YOUR CLIENT DEMONSTRATES $E \cdot S \cdot T$



#### Circle score interpretation:

Moderate preference for introverted behaviors over extraverted behaviors.

#### Response bar interpretation:

Extraversion (E): Within Average Introversion (I): Within Average



72 Ε 59 NEVER SOMETIMES ALWAYS

#### Circle score interpretation:

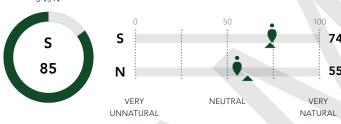
Displays moderately more extraverted behaviors than introverted behaviors.

#### Response bar interpretation:

Extraversion (E): Within Average Introversion (I): Within Average

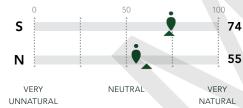
### Overall Perceiving

#### Natural preferences and demonstrated behaviors are: Aligned



#### Circle score interpretation:

Strong preference for sensing behaviors over intuiting behaviors.



#### Response bar interpretation:

Sensing (S): Within Average Intuiting (N): Within Average





#### Circle score interpretation:

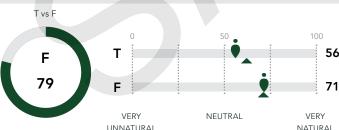
Displays moderately more sensing behaviors than intuiting behaviors.

#### Response bar interpretation:

Sensing (S): Within Average Intuiting (N): Within Average

### **Overall Judging**

#### Natural preferences and demonstrated behaviors are: Misaligned



#### Circle score interpretation:

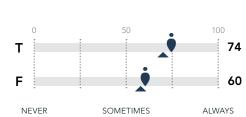
Moderate preference for feeling behaviors over thinking behaviors.

# 56 NATURAL

#### Response bar interpretation:

Thinking (T): Within Average Feeling (F): Within Average





#### Circle score interpretation:

Displays moderately more thinking behaviors than feeling behaviors.

#### Response bar interpretation:

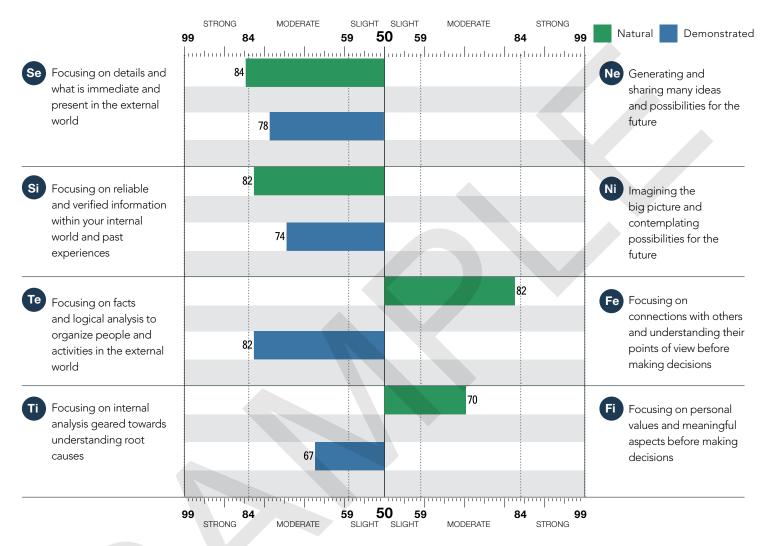
Thinking (T): Within Average Feeling (F): Within Average

♦ YOUR CLIENT'S AVERAGE RESPONSE

▲ AVERAGE RESPONSE FOR THOSE OF YOUR CLIENT'S TYPE

### Overview of Your Client's Mental Function Scores

The following table is a summary of your client's results on the eight mental functions. From the bar graphs, you will learn about the function your client is more comfortable with or uses more frequently compared to its opposite function (e.g., Se vs. Ne), and the degree to which your client feels comfortable with or demonstrates a behavior (e.g., slight, moderate).



#### UNDERSTANDING YOUR CLIENT'S ALIGNMENT

Based on Natural and Demonstrated circle scores, your client demonstrates Extraverted Thinking behaviors (e.g., analyzing and critiquing situations), but their scores show that they have a preference for Extraverted Feeling behaviors (e.g., creating personal connections and maintaining team harmony).

Based on Natural and Demonstrated circle scores, your client demonstrates Introverted Thinking behaviors (e.g., investigating underlying reasons behind a problem), but their scores show that they have a preference for Introverted Feeling behaviors (e.g., focusing on aligning actions with personal values).



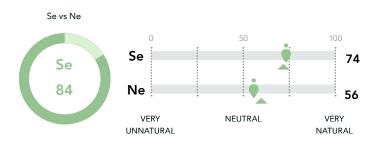
Misalignments between your client's natural preferences and demonstrated behaviors

Assist your client to minimize their stress by leveraging and/or developing their FlexIndex skills.

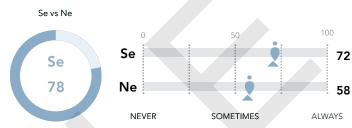
### **Perceiving Functions**

Extraverted Sensing (Se): Focusing on details, discussing what to do now Extraverted Intuiting (Ne): Discussing future possibilities, sharing big picture ideas





#### DEMONSTRATED



#### **Extraverted Perceiving**

#### Circle score interpretation:

Moderate preference for extraverted sensing behaviors over extraverted intuiting behaviors.

### Natural preferences and demonstrated behaviors are: Aligned

#### Response bar interpretation:

Extraverted Sensing (Se): Within Average Extraverted Intuiting (Ne): Within Average

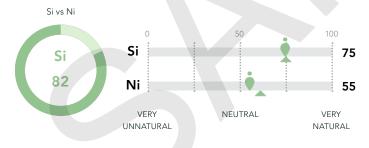
#### Circle score interpretation:

Displays moderately more extraverted sensing behaviors than extraverted intuiting behaviors.

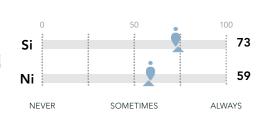
#### Response bar interpretation:

Extraverted Sensing (Se): Within Average Extraverted Intuiting (Ne): Within Average

Introverted Sensing (Si): Verifying reliable detailed information internally, cataloging information for later recall and use Introverted Intuiting (Ni): Envisioning future outcomes, anticipating next steps







#### **Introverted Perceiving**

#### Natural preferences and demonstrated behaviors are: Aligned

#### Circle score interpretation:

Moderate preference for introverted sensing behaviors over introverted d intuiting behaviors.

#### Response bar interpretation:

Introverted Sensing (Si): Within Introverted Intuiting (Ni): Within Average

#### Circle score interpretation:

Displays moderately more introverted sensing behaviors than introverted intuiting behaviors.

#### Response bar interpretation:

Introverted Sensing (Si): Within Introverted Intuiting (Ni): Within Average

♦ YOUR CLIENT'S AVERAGE RESPONSE AVERAGE RESPONSE FOR THOSE OF YOUR CLIENT'S TYPE

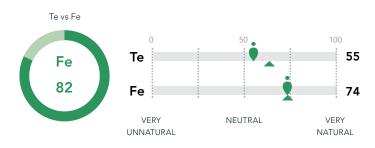
Natural preferences and demonstrated behaviors are: Misaligned

COACH

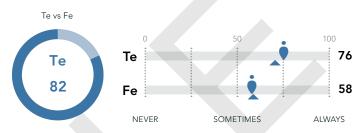
### **Judging Functions**

Extraverted Thinking (Te): Managing people and activities, organizing tasks Extraverted Feeling (Fe): Connecting with others, listening actively

#### NATURAL



#### DEMONSTRATED



#### **Extraverted Judging**

#### Circle score interpretation:

Moderate preference for extraverted feeling behaviors over extraverted thinking behaviors.

### Response bar interpretation:

Extraverted Thinking (Te): Within Average Extraverted Feeling (Fe): Within Average

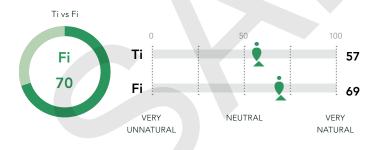
### Circle score interpretation:

Displays moderately more extraverted thinking behaviors than extraverted feeling behaviors.

#### Response bar interpretation:

Extraverted Thinking (Te): Within Average Extraverted Feeling (Fe): Within Average

Introverted Thinking (Ti): Analyzing through internal reflection, finding the why in a situation Introverted Feeling (Fi): Aligning actions with personal ideals, what is meaningful







#### Introverted Judging

#### Circle score interpretation:

Moderate preference for introverted feeling behaviors over introverted thinking behaviors.

# Natural preferences and demonstrated behaviors are: Misaligned

Introverted Thinking (Ti): Within Average Introverted Feeling (Fi): Within Average

Response bar interpretation:

#### Circle score interpretation:

Displays moderately more introverted thinking behaviors than introverted feeling behaviors.

#### Response bar interpretation:

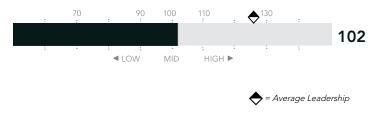
Introverted Thinking (Ti): Within Average Introverted Feeling (Fi): Within Average

♦ YOUR CLIENT'S AVERAGE RESPONSE ▲ AVERAGE RESPONSE FOR THOSE OF YOUR CLIENT'S TYPE

### Overview of FlexIndex



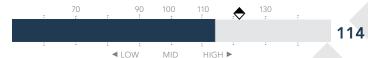
#### Your Total FlexIndex



The Pearman FlexIndex encompasses the skills, abilities, and preferences that provide the agility and resilience needed to solve problems, remain composed, connect with others, seek beneficial experiences, and cope with and recover from strain. Your client's Total FlexIndex score indicates that they use these skills in moderate amounts. Be sure to examine the FlexIndex section in your client's report to identify areas in which your client can strengthen their skills.

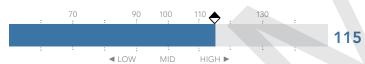
#### SUBSCALE DESCRIPTIONS

#### **Proactivity**



Proactivity refers to the skills necessary for active problem-solving and taking decisive action when faced with a challenge. Your client's score indicates that they are highly proactive. Keep this strength in mind as your client moves through different sections of their report.

#### Composure



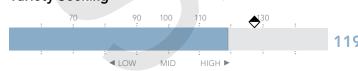
Composure involves being able to remain calm and controlled under times of stress or criticism. Your client's score shows that they are able to remain level-headed during high-pressure situations. Think about how different situations test your client's ability to keep their cool.

#### Connectivity



Connectivity involves being connected with others, forming beneficial relationships, and seeking and reciprocating social support. Your client's score indicates a need for more interconnectedness with others, which may influence your client's ability to be effective in the way they expresses themselves.

#### Variety-Seeking



Variety-Seeking refers to the preference for novel experiences, variety, and openness to new opportunities. Your client's score suggests that they are open to experiences and often seek out opportunities. This may prove useful as they think about ways to apply this skill in new situations.

#### Rejuvenation



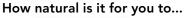
Rejuvenation involves positive coping strategies used to maintain health and minimize stress. Your client may not be doing enough to recover from the taxing events of their day-to-day life. This skill can be especially important to develop if your client finds themselves in situations that are not immediately comfortable.

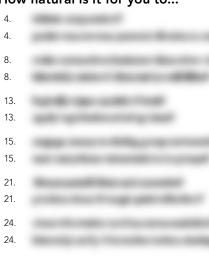
### Pearman Personality Item Responses

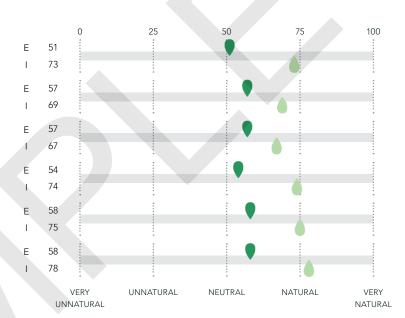
#### ATTITUDE

Responses to Extraverted (E) and Introverted (I) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the assessment. If any single

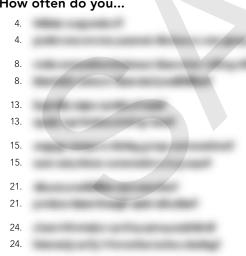
item of a pair (i.e., E or I) is omitted, the entire pair is not included for scoring. However, responses from non-omitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

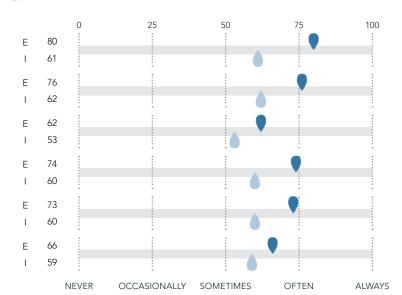






#### How often do you...



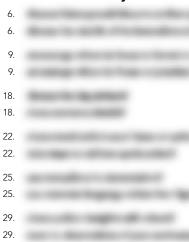


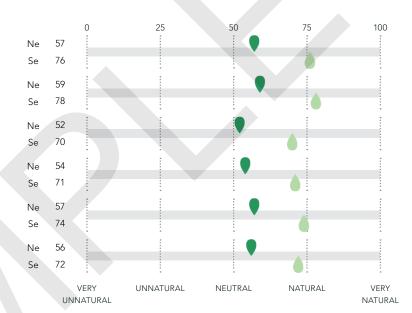
### Pearman Personality Item Responses

#### EXTRAVERTED PERCEIVING

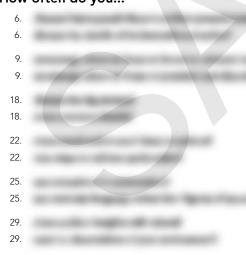
Responses to Extraverted Intuiting (Ne) and Extraverted Sensing (Se) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the assessment. If any single item of a pair (i.e., Ne or Se) is omitted, the entire pair cannot be scored. However, responses from nonomitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

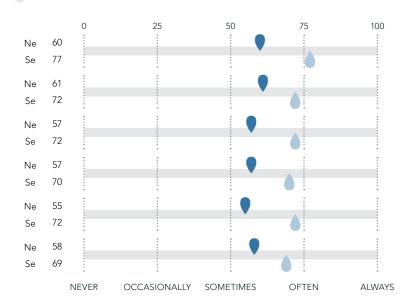
#### How natural is it for you to...





#### How often do you...



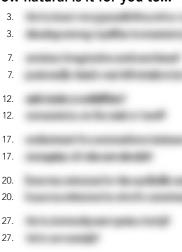


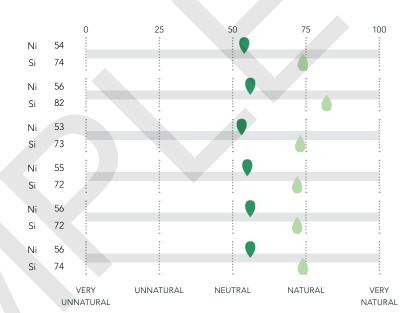
### Pearman Personality Item Responses

#### INTROVERTED PERCEIVING

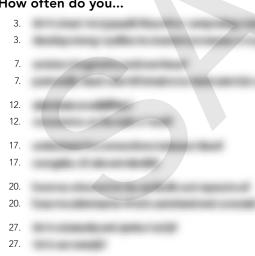
Responses to Introverted Intuiting (Ni) and Introverted Sensing (Si) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the assessment. If any single item of a pair (i.e., Ni or Si) is omitted, the entire pair cannot be scored. However, responses from nonomitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

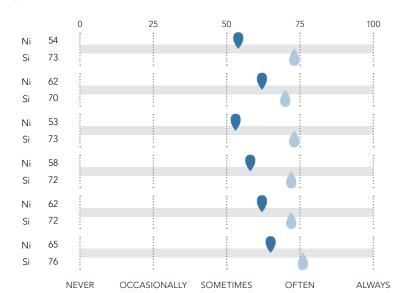
#### How natural is it for you to...





#### How often do you...





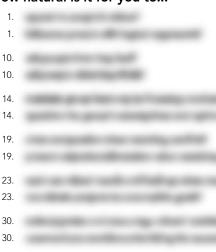
### Pearman Personality Item Responses

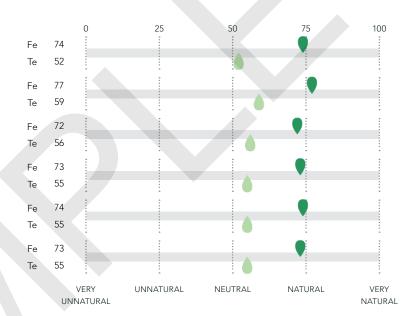
#### EXTRAVERTED JUDGING

Responses to Extraverted Feeling (Fe) and Extraverted Thinking (Te) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the

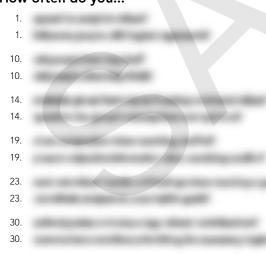
assessment. If any single item of a pair (i.e., Fe or Te) is omitted, the entire pair is not included for scoring. However, responses from non-omitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

#### How natural is it for you to...





#### How often do you...



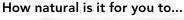


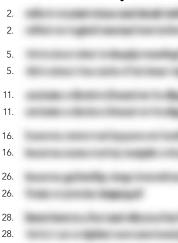
### Pearman Personality Item Responses

#### INTROVERTED JUDGING

Responses to Introverted Feeling (Fi) and Introverted Thinking (Ti) items are shown on this page. Items are divided into Natural (i.e., "How natural is it for you to...") and Demonstrated (i.e., "How often do you...") ratings. Item text is exactly as it appears on the

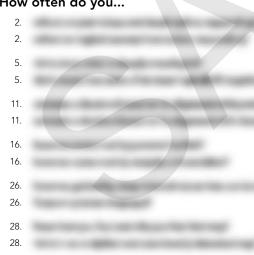
assessment. If any single item of a pair (i.e., Fi or Ti) is omitted, the entire pair is not included for scoring. However, responses from non-omitted items are shown here for coaching purposes, even if the corresponding item of the pair has been omitted.

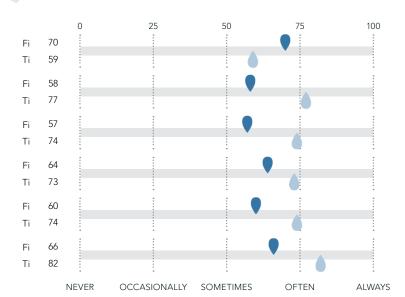






#### How often do you...





### Pearman FlexIndex Item Responses



Responses are shown by item on the following two pages. Items are shown by subscale and are exactly as they appear on the assessment. The higher the response indicated, the more frequent the behavior.

0 = Never 3 = Often ? = Omitted

1 = Rarely 4 = Almost Always

5 = Always 2 = Sometimes

#### **Proactivity**



Connectivity Composure

| 3.  | 1 | 7.  | 1 |
|-----|---|-----|---|
| 10. | 1 | 11. | 1 |
| 17. | 1 | 14. | 2 |
| 19. | 2 | 18. | 1 |
| 22. | 1 | 24. | 2 |
| 30. | 1 | 28. | 1 |
| 32. | 1 | 34. | 5 |
| 37. | 1 | 38. | 5 |
| 39. | 2 |     |   |

Rejuvenation Variety-Seeking

| 2.  | 5 | 1.  | 2 |
|-----|---|-----|---|
| 6.  | 4 | 5.  | 1 |
| 13. | 4 | 15. | 1 |
| 16. | 4 | 23. | 2 |
| 21. | 4 | 25. | 1 |
| 33. | 1 | 29. | 1 |
|     |   | 35. | 1 |

### Pearman FlexIndex Item Responses



0 = Never 3 = Often ? = Omitted

1 = Rarely 4 = Almost Always

2 = Sometimes 5 = Always

| POSITIVE IMPRESSION               |                           |  |
|-----------------------------------|---------------------------|--|
| 3.                                | <b>1</b> 26.              |  |
| 8.                                | <b>2</b> 28.              |  |
| 10.                               | 1 37.                     |  |
|                                   |                           |  |
|                                   |                           |  |
| NCONSISTENCY INDEX                |                           |  |
|                                   |                           |  |
| 4.                                | <b>5</b> 30.              |  |
| 27.                               | <b>2</b> 39.              |  |
|                                   |                           |  |
|                                   |                           |  |
| 6.                                | 7.                        |  |
| 6.<br>16.                         | <b>4</b> 7. <b>4</b> 38.  |  |
|                                   |                           |  |
|                                   |                           |  |
| 16.                               | <b>4</b> 38.              |  |
| <ul><li>16.</li><li>20.</li></ul> | <b>4</b> 38. <b>5</b> 18. |  |
| <ul><li>16.</li><li>20.</li></ul> | <b>4</b> 38. <b>5</b> 18. |  |

### Leadership Integration

This page integrates your client's FlexIndex scores with a model of leadership based on four competencies: authenticity, coaching, insight, and innovation. Particular FlexIndex subscales are associated with stronger performance in certain leadership competencies and thus have been divided into primary and secondary subscales. Those subscales related to all four leadership competencies are labeled as primary. Those related to only one or two competencies are labeled as secondary.

#### **Authenticity**

An authentic leader serves as a role model for moral and fair behavior. A transparent approach commands esteem and confidence from employees.

#### Insight

A leader provides insight by sharing a purpose and hopeful vision for colleagues to follow. Employees are compelled and inspired to exceed goals.

#### Coaching

A leader who coaches effectively is seen as a mentor who supports employee growth. Employees are nurtured towards achieving their highest levels of performance.

#### **Innovation**

An innovative leader focuses on taking risks, spurring colleagues' ingenuity and autonomous thought. Knowledge is valued and challenges are viewed as learning opportunities.

#### **Primary Subscales**

Proactivity. Compared to top leaders, your client appears to be engaging in fewer proactivity behaviors. Your client is almost always able to anticipate needs and tasks ahead of time and take action. This means that they are almost never left pressed for time, making it easy to find time to develop and mentor team members. This also means that your client is able to anticipate difficulties, be future-oriented, and question long-term assumptions.

Connectivity. Your client's responses indicate that they engage in fewer connectivity behaviors compared to top leaders. Your client may have trouble forming deep relationships with direct reports. This can affect their ability to be seen as a role model, provide growth opportunities for hidden competencies, inspire others, and recognize who to let operate autonomously.

Variety-Seeking. Your client's responses indicate that they engage in less variety-seeking behaviors compared to top leaders. Your client's openness may make it easier to inspire others with a transparent vision and to learn from risky opportunities. It also allows them to nurture others who would benefit from creative growth opportunities and outside-the-box inspiration.

### **Secondary Subscales**

Composure. The degree to which your client is capable of remaining composed when under pressure and facing criticism is similar to that of top leaders. In high-pressure environments where stress and ingenuity create an element of risk, your client is exceptionally skilled at remaining calm and collected in order to communicate a clear vision, and at being patient to inspire others towards innovative breakthroughs.

Rejuvenation. Developing your client's rejuvenating strategies can help bring them closer in line with top leaders. Your client may find that ingenuity and innovation are hard to find and instill in others when they have little time to renew their health and refocus their mind. Maintaining enthusiasm for a vision may also prove difficult.

#### **Putting It All Together**

As a leader, it is your client's responsibility to promote positive skill development and establish an environment that encourages transparency, shared purpose, ingenuity, and autonomy. Crafting a truly innovative and inspiring culture is challenging work that requires forward thinking, a calm demeanor, relationship management, openness, and a fresh perspective. Your client's FlexIndex subscales encompass a wide range of skill levels. Targeting development to bring their lower performing subscales in line with the rest will better equip your client with the skills needed to create an environment where passion and learning thrive.

### Type and FlexIndex Integration

#### **EXTRAVERTED ATTITUDE**

#### **EXTRAVERTED SENSING (Se)**

#### Se & PROACTIVITY Describe the facts of a situation in detail

#### Se & COMPOSURE

Observe your emotions and reactions when you are agitated

#### Se & CONNECTIVITY

Pay attention to people's reactions and recognize body language and facial expressions

#### Se & VARIETY-SEEKING

Take bigger risks and observe the positive impact your decisions have in the present moment

#### Se & REJUVENATION

Take a few minutes to breathe in and out slowly when you are agitated or stressed out

#### **EXTRAVERTED INTUITING (Ne)**

#### Ne & PROACTIVITY

Come up with a new approach to an old problem

#### Ne & COMPOSURE

Brainstorm new ways of calming your mind when dealing with stressful situations

#### Ne & CONNECTIVITY

Generate ideas on how to make genuine connections with others

#### Ne & VARIETY-SEEKING

Try to be more creative with your ideas and try alternative ways of doing daily tasks

#### Ne & REJUVENATION

Look for new and creative ideas on how to recover from stress

#### **EXTRAVERTED THINKING (Te)**

#### Te & PROACTIVITY

Plan out the logical outcomes of a situation

#### Te & COMPOSURE

Use your objectivity to remove your emotion from the situation and remain calm

#### Te & CONNECTIVITY

Analyze the benefits of forming positive connections with others

#### Te & VARIETY-SEEKING

Review your daily routine and think about what you can do differently

#### Te & REJUVENATION

Use a systematic approach for dealing with a taxing situation

#### **EXTRAVERTED FEELING (Fe)**

#### Fe & PROACTIVITY

Ask for others' perspectives and ideas when solving a problem

#### Fe & COMPOSURE

Observe others who stay calm under pressure to see what they do differently

#### Fe & CONNECTIVITY

Show appreciation for things people do in order to create a positive connection

#### Fe & VARIETY-SEEKING

Join new networking events that you haven't attended before

#### Fe & REJUVENATION

Talk about challenging situations with a person who can relate

#### INTROVERTED SENSING (Si)

#### Si & PROACTIVITY

**PERCEIVING** 

Reflect on past experiences and leverage tried-and-true methods to solve a problem

#### Si & COMPOSURE

During conflict, reflect on past similar experiences where you remained calm and had positive outcomes

### Si & CONNECTIVITY

Recall good memories with people to sustain a long lasting connection

#### Si & VARIETY-SEEKING

Review processes at work and try to improve them using your past experiences

#### Si & REJUVENATION

Reflect on tried-and-true methods during stressful situations

#### **INTROVERTED INTUITING (Ni)**

#### Ni & PROACTIVITY

Keep track of novel ideas that occur to you, and refer to them when solving a problem

#### Ni & COMPOSURE

Generate alternative ways of calming your mind and body

#### Ni & CONNECTIVITY

Envision social settings and positive interactions that will allow you to create new relationships

#### Ni & VARIETY-SEEKING

Keep track of ideas for trying new things

#### Ni & REJUVENATION

Try visualizing positive scenarios to relieve your stress

#### INTROVERTED THINKING (Ti)

#### Ti & PROACTIVITY

Critically analyze the pros and cons of a situation and take action on the effective solution

#### Ti & COMPOSURE

Reflect on the factors that agitate you

#### Ti & CONNECTIVITY

Look for practical approaches to improve your work relationships

#### Ti & VARIETY-SEEKING

Create a list of new skills that could help you be more effective

#### Ti & REJUVENATION

Take a systematic approach to fit relaxation time into your daily schedule

### **INTROVERTED FEELING (Fi)**

#### Fi & PROACTIVITY

Think about your ideals and values and how these are linked to your choices when solving a problem

#### Fi & COMPOSURE

Reflect on and internalize the values and benefits of staying calm under pressure

#### Fi & CONNECTIVITY

Examine how your current actions fit with the mission and values of the individuals involved

#### Fi & VARIETY-SEEKING

Create a list of new skills or experiences that can be used to benefit others

#### Fi & REJUVENATION

Read books and watch movies that resonate with your values

#### **INTROVERTED ATTITUDE**

### Follow-Up Questions

#### MENTAL FUNCTIONS

The following questions are suggestions to help you to probe further into your client's results. Questions are listed by mental function for Pearman Personality and by subscale for Pearman FlexIndex.

#### **Extraverted Sensing (Se)**

#### Extraverted Intuiting (Ne)

- 3.
- Extraverted Thinking (Te)

### **Extraverted Feeling (Fe)**

- 4.

### Introverted Sensing (Si)

- 3.

### Introverted Intuiting (Ni)

- 2.
- 3.
- 4.

### Introverted Thinking (Ti)

### Introverted Feeling (Fi)

- 2.

# Follow-Up Questions

#### FLEXINDEX

#### **Proactivity**

# Variety-Seeking

### Composure

- 3.

- Rejuvenation

- 3.

### **Action Plan**

The steps that your client takes towards achieving their goals will determine whether or not success is realized. Use this step-by-step activity plan to help guide your client closer to their goals.

Have your client write down up to five skills or behaviors to further develop in their own action plan. Then, transfer your client's goals into the action plan template below. The information provided throughout their report may be useful for determining individual actions that your client can either begin to do (START), do less of (STOP), or do more of (GROW).







#### ACTION PLAN TEMPLATE

| SMART GOAL | TIME FRAME | BENEFITS | MEASURE OF SUCCESS | SUPPORT AND<br>RESOURCES NEEDED | POTENTIAL BARRIERS |
|------------|------------|----------|--------------------|---------------------------------|--------------------|
|            |            |          |                    |                                 |                    |
|            |            |          |                    |                                 |                    |
|            |            |          |                    |                                 |                    |
|            |            |          |                    |                                 |                    |
|            |            |          |                    |                                 |                    |
|            |            |          |                    |                                 |                    |
|            |            |          |                    |                                 |                    |

| l commit to this action plan |
|------------------------------|
|------------------------------|

Your Client's Signature



### **Development Commitment**

The Development Commitment is a tool to help hold your client accountable for accomplishing the goals outlined in the Action Plan. As we all know, our plans for personal growth and development often fall by the wayside when we get engrossed in all of our tasks and responsibilities. By outlining your client's objectives here and ensuring that your client does the same in their report, you help your client to be more accountable to reach their personal goals.

| MY CLIENT'S DEVELOPMENT GOALS                         |          |
|---|----------|
| My client's action plan includes the following goals: | Due Date |
| 1.  |          |
| 2.  |          |
| 3.  |          |
| 4.  |          |
| Your Signature Your Client's Signature                | ture     |



Summary Overview Information Decision FlexIndex Item Responses Integration Follow-up

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### Coach's Guide to a Pearman Feedback Session

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#### PREPARING THE DEBRIEF

After the report has been generated, the interpretation work begins. Both the Coach and Client Reports have been designed to intuitively follow the recommended interpretation sequence. The interpretive sequence provided here is a condensed version of that found in the *Understanding the Results* section of the Pearman User's Handbook available online.

### 1. Assess the Validity of the Results

2. Interpret Pearman Personality

3. In-depth Interpretation of Pearman Personality

COACH

### Coach's Guide to a Pearman Feedback Session

PREPARING THE DEBRIEF

Interpret Pearman FlexIndex



5. Type and FlexIndex Integration

Continues of self-term

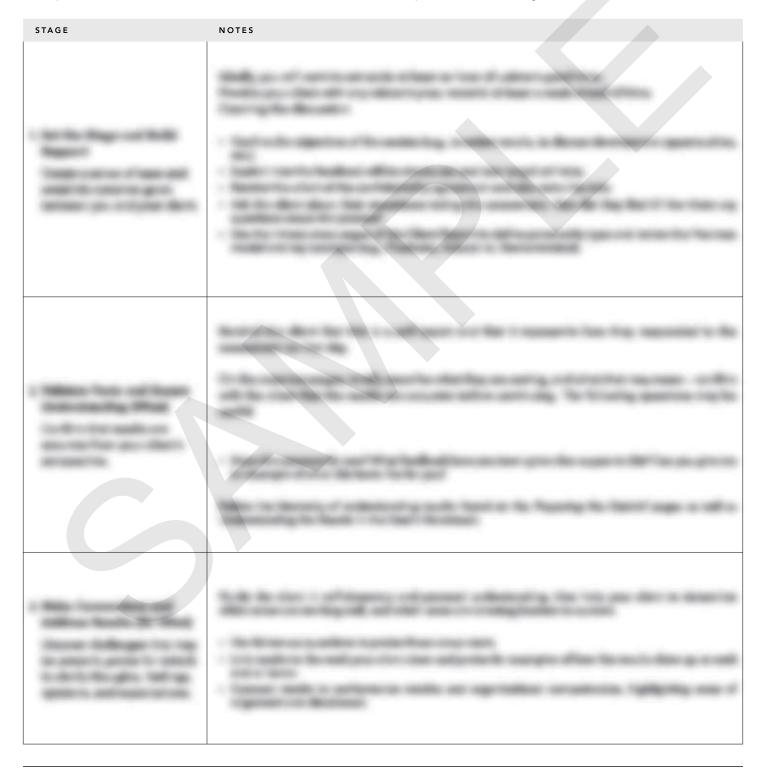
6. Additional Sources of Information



### Coach's Guide to a Pearman Feedback Session

#### CONDUCTING THE DEBRIEF

The steps laid out on this page and the next provide a guideline for conducting a debrief with your client. These stages of the debrief should be used as guidelines in conjunction with the information found in the User's Handbook and the Preparing the Debrief pages of this report. Other sources of information should be used to ensure best practices and ethical guidelines are followed.



### Coach's Guide to a Pearman Feedback Session

CONDUCTING THE DEBRIEF

