



CAFAS[®]

Child and Adolescent Functional Assessment Scales

mhs.com/CAFAS

Age
5-19

Administration Type
Youth
Caregiver

Administration Time
10 minutes (approx)

Formats
Online (FAS Outcomes)
Paper

Languages
English
Spanish

Qualification Level
A-level



About the CAFAS

Designed for youth aged 5 to 19, the CAFAS is the gold standard tool for assessing a youth's day-to-day functioning and for tracking changes in functioning over time. The CAFAS is backed by over 20 years of research supporting its validity and sensitivity to detecting change in behaviors. It is widely used to inform decisions about type and intensity of treatment, level of care, placement and need for referral.

The CAFAS can be quickly completed by a practitioner based on information from routine clinical evaluation providing a comprehensive and objective assessment focusing on observable behaviors.

Widely in use across North America, over 60 papers and presentations have shown CAFAS to be the most reliable and valid instrument available for measuring outcomes.

How the CAFAS Works

Levels of Impairment

Within each subscale, the behavioral items are grouped by severity into four columns, using a continuum of severity of impairment. Each level of severity is associated with a score.

Level of Impairment	0 Minimal/none: No disruption in functioning
	10 Mild: Significant problems or distress
	20 Moderate: Major or persistent disruption
	30 Severe: Severe disruption or incapacitation

CAFAS Subscales

The CAFAS assesses functioning across 8 critical life subscales assessing the youth as well as two scales to assess caregiver functioning. The CAFAS yields both a total score and 10 individual subscales scores. The total score represents the total level of dysfunction and can be used to recommend intensity of treatment required. The individual subscale scores can be used to inform the focus of treatment and to monitor change in behavior over time.

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Total Score	Youth	School: Ability to function satisfactorily in a group educational environment
		Home: Willingness to observe reasonable rules and perform age appropriate tasks
		Community: Respect for the rights and property of others and conformity to laws
		Behavior towards others: Appropriateness of youth's daily behavior
		Moods: Modulation of the youth's emotional life
		Self-Harm: Ability to cope without resorting to self-harmful behavior or verbalizations
		Substance Use: Substance use and the whether it is inappropriate or disruptive
		Thinking: Ability of the youth to use rational thought processes
	Caregiver	Material needs: Extent to which the youth's need for resources such as food, clothing, housing, medical attention and neighborhood safety are provided for
		Social support: The extent to which the youth's psychosocial needs are met by the family



For younger children, please consider the **Preschool And Early Childhood Functional Assessment Scale (PECFAS)**.
www.mhs.com/PECFAS

Getting trained on the CAFAS

Contact a Client Service Specialist to ask about training options.

Order the CAFAS Today

Order online, complete an order form found in the catalogue, or place your order with a Client Service Specialist.

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